

OVER 18 RISK MANAGEMENT & DISCLAIMER FORM

Holmbush Paintball Limited and/or Holmbush Events Limited ("**We/Our/Us**") will supply the facilities for the activities (the "**Activities**") to the person who is signing this Risk Management & Disclaimer Form ("**You/Your/Yours**") and by signing You hereby agree that You have read and understood the terms in this form and that You were given sufficient time and opportunity to ask any questions:

- 1.1 The terrain of our premises where the Activities are provided consists of trenches, ditches, towers, stairs, staircases, roots, tree stumps, mud and water and as such there is a risk of falling injuries as well as damage to clothing, footwear, watches and jewellery. While engaging in paintballing as part of the Activities, You will be required to shoot and be shot with paintballs.
- 1.2 When using the Equipment (which includes paintball guns, paintballs as well as other items) there is a risk of injury to the body, especially the face, ears and eyes from a paintball shot, pyrotechnic, exposure to the carbon dioxide propellant, bruising (even if wearing the protective clothing) and, potentially, fire.
- 1.3 The risk of injury to You or to others can be substantially minimised, but never completely eliminated by obeying the following instructions. You therefore hereby undertake and agree to:
 - 1.3.1 listen to and follow the instructions provided by one or more of Our representatives ("**Staff**");
 - 1.3.2 obey the instructions set out on the various signs displayed in the Activities area;
 - 1.3.3 use the Equipment correctly as per the instructions provided by Our Staff;
 - 1.3.4 wear clothing and footwear (preferably with ankle support) that is appropriate to the terrain of the Activities as set out in clause 1.1 above;
 - 1.3.5 refrain from jumping from the towers, using excessive speed on the stairs, climbing of trees, jumping into ditches and water hazards;
 - 1.3.6 wear protective goggles provided by Us when required as explained in the training and/or where there are signs instructing You to do so especially, but not only, you must not remove the goggles while playing;
 - 1.3.7 not to shoot any person in the face or any part of the head, including the ears or at close range (being a distance of less than 30ft/10metres);
 - 1.3.8 report immediately to Our Staff of any injury they You may suffer whilst engaging in any Activities;
 - 1.3.9 not to use paintball guns inside the designated safety zones;
 - 1.3.10 not to put out a pyrotechnic or move it once lit;
 - 1.3.11 not to use any equipment other than those provided by Us unless by prior written consent from Us; and
 - 1.3.12 not to attempt and/or repair, modify or tamper with the Equipment.
- 2. If You suffer from any condition, take any medication or generally Your fitness level is such that could affect Your ability to engage in any of the Activities, You understand that it is Your full responsibility to manage Yourself in a manner that is suitable to Your ability and will at the first sign of fatigue or stress desist from taking further part in any of the Activities.
- 3. You hereby acknowledge the risks in engaging in the Activities, those that are as set out in this form and others that were not mentioned, and accept that your presence on the premises and/or engaging in the Activities is at your own risk.
- 4. You acknowledge that photos may be taken on the day of You with or without other individuals and, unless you specifically tell us otherwise in writing, You hereby grant Us permission to use such photos or an edited version of them in Our printed or electronic publications as well as in social media sites such as Our Facebook page.

IN CONSIDERATION OF HOLMBUSH PAINTBALL LIMITED AND/OR HOLMBUSH EVENTS LIMITED ALLOWING ME TO PARTICIPATE IN THE ACTIVITIES, I CONFIRM THAT I AM OVER THE AGE OF 18, THAT I HAVE READ AND UNDERSTOOD THE PROVISIONS OF THIS FORM AND THAT I WAS GIVEN SUFFICIENT TIME AND OPPORTUNITY TO ASK ANY QUESTIONS:

Full Name..... Phone No.

Address & Post Code:.....

Email..... Signature..... Date...../...../.....